

CONVERSATIONS WITH JESUS:  
SERVICES OF WORD AND HEALING FOR LENT

**Gathering**

The love of God poured into our hearts, the saving grace of Jesus Christ, and the abundant life of the Holy Spirit be with you all.

*And also with you.*

**Opening Prayer**

**Reading**

**Holy Conversation**

**Prayer**

**Healing**

*Those who wish to receive the laying on of hands or anointing with oil may come forward.*

\_\_\_\_\_, in the name of our Savior Jesus Christ, be strengthened and filled with God's grace, that you may know the healing power of the Spirit. *Amen.*

*or*

Receive this oil as a sign of forgiveness and healing in Jesus Christ. *Amen.*

**Lord's Prayer**

**Sending**

Go in peace. Follow in the way of Christ.

*Thanks be to God.*

HOLY CONVERSATIONS FOR LENT  
FROM SUNDAYS AND SEASONS 2026

**Week One**

Though we seek to walk in faithfulness, O God, the tempter's wild wilderness sets traps along our path. Strengthen your living word within us, that we may remain true to Christ, our way, our truth. our life. *Amen.*

Reading: Matthew 4:1 - 11

***NSRVue***

Then Jesus was led up by the Spirit into the wilderness to be tested by the devil. He fasted forty days and forty nights, and afterward he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

‘One does not live by bread alone,  
but by every word that comes from the mouth of God.’ ”

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down, for it is written,

‘He will command his angels concerning you,  
and ‘On their hands they will bear you up,  
so that you will not dash your foot against a stone.’ ”

Jesus said to him, "Again it is written, ‘Do not put the Lord your God to the test.’ ”

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory, and he said to him, "All these I will give you, if you will fall down and worship me." Then Jesus said to him, "Away with you, Satan! for it is written,

‘Worship the Lord your God,  
and serve only him.’ ”

Then the devil left him, and suddenly angels came and waited on him.

## **The Message**

Next Jesus was taken into the wild by the Spirit for the Test. The Devil was ready to give it. Jesus prepared for the Test by fasting forty days and forty nights. That left him, of course, in a state of extreme hunger, which the Devil took advantage of in the first test: “Since you are God’s Son, speak the word that will turn these stones into loaves of bread.”

Jesus answered by quoting Deuteronomy: “It takes more than bread to stay alive. It takes a steady stream of words from God’s mouth.”

For the second test the Devil took him to the Holy City. He sat him on top of the Temple and said, “Since you are God’s Son, jump.” The Devil goaded him by quoting Psalm 91: “He has placed you in the care of angels. They will catch you so that you won’t so much as stub your toe on a stone.”

Jesus countered with another citation from Deuteronomy: “Don’t you dare test the Lord your God.”

For the third test, the Devil took him to the peak of a huge mountain. He gestured expansively, pointing out all the earth’s kingdoms, how glorious they all were. Then he said, “They’re yours—lock, stock, and barrel. Just go down on your knees and worship me, and they’re yours.”

Jesus’ refusal was curt: “Beat it, Satan!” He backed his rebuke with a third quotation from Deuteronomy: “Worship the Lord your God, and only him. Serve him with absolute single-heartedness.”

The Test was over. The Devil left. And in his place, angels! Angels came and took care of Jesus’ needs.

## **Common English Bible**

Then the Spirit led Jesus up into the wilderness so that the devil might tempt him. After Jesus had fasted for forty days and forty nights, he was starving. The tempter came to him and said, “Since you are God’s Son, command these stones to become bread.”

Jesus replied, “It’s written, People won’t live only by bread, but by every word spoken by God.”

After that the devil brought him into the holy city and stood him at the highest point of the temple. He said to him, “Since you are God’s Son, throw yourself down; for it is written, I will command my angels concerning you, and they will take you up in their hands so that you won’t hit your foot on a stone.”

Jesus replied, “Again it’s written, Don’t test the Lord your God.”

Then the devil brought him to a very high mountain and showed him all the kingdoms of the world and their glory. He said, “I’ll give you all these if you bow down and worship me.”

Jesus responded, “Go away, Satan, because it’s written, You will worship the Lord your God and serve only him.” The devil left him, and angels came and took care of him.

**Questions:**

- Imagine Jesus addressing you as he does the tempter's first temptation: What word of God nourishes and strengthens you in life's wilderness?
- Imagine the tempter addressing you: What draws your attention away from service of God alone?
- Imagine you are Jesus, responding to the tempter's third temptation: How does your faith ground your response to the lure of worldly success, however you understand it?

## Week Two

Power of the eternal Father, help us. Wisdom of the Son, enlighten the eye of our understanding. Tender mercy of the Holy Spirit, unite our hearts to yourself. Eternal God, restore health to the sick and life to the dead. Give us a voice, your own voice, to cry out to you for mercy for the world. You, light, give us light. You, wisdom, give us wisdom. You, supreme strength, strengthen us. *Amen.*

Reading: John 3:2-9

### *NRSVue*

He [Nicodemus] came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God, for no one can do these signs that you do unless God is with that person.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?”

### *The Message*

Late one night he [Nicodemus] visited Jesus and said, “Rabbi, we all know you’re a teacher straight from God. No one could do all the God-pointing, God-revealing acts you do if God weren’t in on it.”

Jesus said, “You’re absolutely right. Take it from me: Unless a person is born from above, it’s not possible to see what I’m pointing to—to God’s kingdom.”

“How can anyone,” said Nicodemus, “be born who has already been born and grown up? You can’t re-enter your mother’s womb and be born again. What are you saying with this ‘born-from-above’ talk?”

Jesus said, “You’re not listening. Let me say it again. Unless a person submits to this original creation—the ‘wind-hovering-over-the-water’ creation, the invisible moving the visible, a baptism into a new life—it’s not possible to enter God’s kingdom. When you look at a baby, it’s just that: a body you can look at and touch. But the person who takes shape within is formed by something you can’t see and touch—the Spirit—and becomes a living spirit.

“So don’t be so surprised when I tell you that you have to be ‘born from above’—out of this world, so to speak. You know well enough how the wind blows this way and that. You hear it rustling through the trees, but you have no idea where it comes from or where it’s headed next. That’s the way it is with everyone ‘born from above’ by the wind of God, the Spirit of God.”

Nicodemus asked, “What do you mean by this? How does this happen?”

### *Common English Bible*

He [Nicodemus] came to Jesus at night and said to him, “Rabbi, we know that you are a teacher who has come from God, for no one could do these miraculous signs that you do unless God is with him.”

Jesus answered, “I assure you, unless someone is born anew, it’s not possible to see God’s kingdom.”

Nicodemus asked, “How is it possible for an adult to be born? It’s impossible to enter the mother’s womb for a second time and be born, isn’t it?”

Jesus answered, “I assure you, unless someone is born of water and the Spirit, it’s not possible to enter God’s kingdom. Whatever is born of the flesh is flesh, and whatever is born of the Spirit is spirit. Don’t be surprised that I said to you, ‘You must be born anew.’ God’s Spirit blows wherever it wishes. You hear its sound, but you don’t know where it comes from or where it is going. It’s the same with everyone who is born of the Spirit.”

Nicodemus said, “How are these things possible?”

**Questions:**

- Imagine yourself as Nicodemus, coming in secrecy: What question do you bring to Jesus from the silent night of your own heart?
- Imagine you are Jesus, inviting Nicodemus to faith: How would you describe your faith to someone who was curious but did not understand?
- Imagine you are the Spirit, passing through creation: What new birth do you wish to bring into being?

## **Week Three**

Saving God, we thirst for living water and seek the one who gives it. Make us ready to receive the one who brings new life, that we may drink deeply from the cup of salvation, through Christ, our wellspring and fountain. *Amen.*

John 4:5 - 15

### ***NRSVue***

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.), Jesus answered her, "If you knew the gift of God and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

### ***The Message***

He came into Sychar, a Samaritan village that bordered the field Jacob had given his son Joseph. Jacob's well was still there. Jesus, worn out by the trip, sat down at the well. It was noon.

A woman, a Samaritan, came to draw water. Jesus said, "Would you give me a drink of water?" (His disciples had gone to the village to buy food for lunch.)

The Samaritan woman, taken aback, asked, “How come you, a Jew, are asking me, a Samaritan woman, for a drink?” (Jews in those days wouldn’t be caught dead talking to Samaritans.)

Jesus answered, “If you knew the generosity of God and who I am, you would be asking me for a drink, and I would give you fresh, living water.”

The woman said, “Sir, you don’t even have a bucket to draw with, and this well is deep. So how are you going to get this ‘living water’? Are you a better man than our ancestor Jacob, who dug this well and drank from it, he and his sons and livestock, and passed it down to us?”

Jesus said, “Everyone who drinks this water will get thirsty again and again. Anyone who drinks the water I give will never thirst—not ever. The water I give will be an artesian spring within, gushing fountains of endless life.”

The woman said, “Sir, give me this water so I won’t ever get thirsty, won’t ever have to come back to this well again!”

### ***Common English Bible***

He came to a Samaritan city called Sychar, which was near the land Jacob had given to his son Joseph. Jacob’s well was there. Jesus was tired from his journey, so he sat down at the well. It was about noon.

A Samaritan woman came to the well to draw water. Jesus said to her, “Give me some water to drink.” His disciples had gone into the city to buy him some food.

The Samaritan woman asked, “Why do you, a Jewish man, ask for something to drink from me, a Samaritan woman?” (Jews and Samaritans didn’t associate with each other.)

Jesus responded, “If you recognized God’s gift and who is saying to you, ‘Give me some water to drink,’ you would be asking him and he would give you living water.”

The woman said to him, “Sir, you don’t have a bucket and the well is deep. Where would you get this living water? You aren’t greater than our father Jacob, are you? He gave this well to us, and he drank from it himself, as did his sons and his livestock.”

Jesus answered, “Everyone who drinks this water will be thirsty again, but whoever drinks from the water that I will give will never be thirsty again. The water that I give will become in those who drink it a spring of water that bubbles up into eternal life.”

The woman said to him, “Sir, give me this water, so that I will never be thirsty and will never need to come here to draw water!”

**Questions:**

- Imagine you are the woman, disrupted in her daily round: How do you respond to this bold, even dangerous stranger?
- Imagine you are the woman, now curious: What is your deepest thirst, one that only God can satisfy?
- Imagine you are Jesus, eager to quench her thirst: How are you a source of living water?

## **Week Four**

God of power, you work wonders for those who seek you in faith. Show us your grace where we least expect it, that we may praise you for your boundless love and give thanks for your saving help in Jesus Christ, the light of the world. *Amen*

John 9:1 – 11

### ***NRSVue***

As he walked along, he saw a man blind from birth. His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. We must work the works of him who sent me while it is day; night is coming, when no one can work. As long as I am in the world, I am the light of the world.” When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, saying to him, “Go, wash in the pool of Siloam” (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, “Is this not the man who used to sit and beg?” Some were saying, “It is he.” Others were saying, “No, but it is someone like him.” He kept saying, “I am he.” But they kept asking him, “Then how were your eyes opened?” He answered, “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.”

### ***The Message***

Walking down the street, Jesus saw a man blind from birth. His disciples asked, “Rabbi, who sinned: this man or his parents, causing him to be born blind?” Jesus said, “You’re asking the wrong question. You’re looking for someone to blame. There is no such cause-effect here. Look instead for what God can do. We need to be energetically at work for the One who sent me here, working while the sun shines. When night falls, the workday is over. For as long as I am in the world, there is plenty of light. I am the world’s Light.”

He said this and then spit in the dust, made a clay paste with the saliva, rubbed the paste on the blind man's eyes, and said, "Go, wash at the Pool of Siloam" (Siloam means "Sent"). The man went and washed—and saw.

Soon the town was buzzing. His relatives and those who year after year had seen him as a blind man begging were saying, "Why, isn't this the man we knew, who sat here and begged?"

Others said, "It's him all right!"

But others objected, "It's not the same man at all. It just looks like him."

He said, "It's me, the very one."

They said, "How did your eyes get opened?"

"A man named Jesus made a paste and rubbed it on my eyes and told me, 'Go to Siloam and wash.' I did what he said. When I washed, I saw."

### ***Common English Bible***

As Jesus walked along, he saw a man who was blind from birth. Jesus' disciples asked, "Rabbi, who sinned so that he was born blind, this man or his parents?"

Jesus answered, "Neither he nor his parents. This happened so that God's mighty works might be displayed in him. While it's daytime, we must do the works of him who sent me. Night is coming when no one can work. While I am in the world, I am the light of the world." After he said this, he spit on the ground, made mud with the saliva, and smeared the mud on the man's eyes. Jesus said to him, "Go, wash in the pool of Siloam" (this word means sent). So the man went away and washed. When he returned, he could see.

The man's neighbors and those who used to see him when he was a beggar said, "Isn't this the man who used to sit and beg?"

Some said, "It is," and others said, "No, it's someone who looks like him."

But the man said, “Yes, it’s me!”

So they asked him, “How are you now able to see?”

He answered, “The man they call Jesus made mud, smeared it on my eyes, and said, ‘Go to the pool of Siloam and wash.’ So I went and washed, and then I could see.”

**Questions:**

- Imagine you are the disciples, seeking to understand: What hard question would you ask Jesus about the brokenness of the world?
- Imagine you are the man, startled by this stranger: How do you feel when approached with the possibility change?
- Imagine you are the neighbors, encountering the man who can now see: How do you respond when confronted by your own prejudice or presupposition?

## **Week Five**

Almighty God, your love never fails, and you can turn the shadow of death into daybreak. Help us to receive your word with believing hearts, so that, confident in your promises, we may have hope and be lifted out of sorrow into the joy and peace of your presence; through Jesus Christ, our Savior and Lord. *Amen*

John 11:1 – 6, 17 – 27

### ***NRSVue***

Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. Mary was the one who anointed the Lord with perfume and wiped his feet with her hair; her brother Lazarus was ill. So the sisters sent a message to Jesus, “Lord, he whom you love is ill.” But when Jesus heard it, he said, “This illness does not lead to death; rather, it is for God’s glory, so that the Son of God may be glorified through it.” Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was.

When Jesus arrived, he found that Lazarus had already been in the tomb four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to Martha and Mary to console them about their brother. When Martha heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, “Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him.” Jesus said to her, “Your brother will rise again.” Martha said to him, “I know that he will rise again in the resurrection on the last day.” Jesus said to her, “I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?” She said to him, “Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world.”

### ***The Message***

A man was sick, Lazarus of Bethany, the town of Mary and her sister Martha. This was the same Mary who massaged the Lord’s feet with aromatic oils and then wiped them with her hair. It was her brother Lazarus who was sick. So the sisters sent word to Jesus, “Master, the one you love so very much is sick.”

When Jesus got the message, he said, “This sickness is not fatal. It will become an occasion to show God’s glory by glorifying God’s Son.”

Jesus loved Martha and her sister and Lazarus, but oddly, when he heard that Lazarus was sick, he stayed on where he was for two more days.

When Jesus finally got there, he found Lazarus already four days dead. Bethany was near Jerusalem, only a couple of miles away, and many of the Jews were visiting Martha and Mary, sympathizing with them over their brother. Martha heard Jesus was coming and went out to meet him. Mary remained in the house.

Martha said, “Master, if you’d been here, my brother wouldn’t have died. Even now, I know that whatever you ask God he will give you.”

Jesus said, “Your brother will be raised up.”

Martha replied, “I know that he will be raised up in the resurrection at the end of time.”

“You don’t have to wait for the End. I am, right now, Resurrection and Life. The one who believes in me, even though he or she dies, will live. And everyone who lives believing in me does not ultimately die at all. Do you believe this?”

“Yes, Master. All along I have believed that you are the Messiah, the Son of God who comes into the world.”

### ***Common English Bible***

A certain man, Lazarus, was ill. He was from Bethany, the village of Mary and her sister Martha. (This was the Mary who anointed the Lord with fragrant oil and wiped his feet with her hair. Her brother Lazarus was ill.) So the sisters sent word to Jesus, saying, “Lord, the one whom you love is ill.”

When he heard this, Jesus said, “This illness isn’t fatal. It’s for the glory of God so that God’s Son can be glorified through it.” Jesus loved Martha, her sister, and

Lazarus. When he heard that Lazarus was ill, he stayed where he was [for two more days].

When Jesus arrived, he found that Lazarus had already been in the tomb for four days. Bethany was a little less than two miles from Jerusalem. Many Jews had come to comfort Martha and Mary after their brother's death. When Martha heard that Jesus was coming, she went to meet him, while Mary remained in the house. Martha said to Jesus, "Lord, if you had been here, my brother wouldn't have died. Even now I know that whatever you ask God, God will give you."

Jesus told her, "Your brother will rise again."

Martha replied, "I know that he will rise in the resurrection on the last day."

Jesus said to her, "I am the resurrection and the life. Whoever believes in me will live, even though they die. Everyone who lives and believes in me will never die. Do you believe this?"

She replied, "Yes, Lord, I believe that you are the Christ, God's Son, the one who is coming into the world."

### **Questions:**

- Imagine you are Jesus, receiving the news of his friend's illness: How do you pray when those you love suffer?
- Imagine you are Martha, confronting Jesus about his absence: When have you been angry with God?
- Imagine you are Martha, responding to Jesus: What sustains your faith in times of grief or sorrow?